



**MIDDLE SCHOOL
PHYSICAL EDUCATION EXEMPTIONS**
BOE Approved June 3, 2019

The following are the allowable middle school exemptions from physical education in School District U-46. Please complete the form, check the option you are requesting and return completed to the Counseling Office by the due date listed next to the exemption you have chosen.

_____ *Students in grades 7-12 may be exempted from physical education (PE) if they can provide documentation of ongoing participation in a nationally sanctioned athletic program that requires 15 or more hours of training on a weekly basis between Monday and Friday. In addition, students must provide their elite national ranking from the national governing body of the sport. Exemption requests and documentation must be submitted to the Assistant Superintendent of Secondary Education for review prior to the start of the semester. **(Student is NOT exempt from health class. Students may not take another class in place of PE. The student will receive a PE credit and grade of a P on their transcript. If your activity does not have a national structure or you are unable to meet this requirement, please meet with your counselor to explore other options for late arrival or early dismissal that do not include a PE exemption. Deadline for submission is August 1st the start of the school year for semester 1 and December 1st prior to the start of semester 2).**

_____ Students in grades 7-8 whose schedule does not allow for a career pathway or foreign language elective opportunity may choose a PE exemption to be able to experience one of these elective courses. **(A student with TWO (2) of the following in their schedule has access to a PE exemption- Dual Language, Reading Strategies 1 or 2, and/or AVID. Student is not exempt from health class. Completed form is due during the registration process).**

Course replacing PE 1. _____ 2. _____

_____ Students in grades 7-12 who must use the time set aside for physical education to receive special education support and services, subject to the student's Individualized Education Plan. (IEP) **(Student who is unable to access at least one yearlong elective opportunity)**

Student Name _____ Student ID # _____

Parent/Guardian Signature _____ Date _____

Counselor Signature _____ Date _____

Principal/Designated Administrator Approval _____

Date _____ Name of School : _____

*Assistant Superintendent Approval required for nationally sanctioned athletic program exemptions.

Signature _____ Date _____